

# COLD & FLU GERMS LIVE ON YOUR HANDS

You can't see them but they can make you sick

Keeping hands clean is the #1 way to prevent illness!

Germs enter your body through contact with your eyes, nose, mouth and open cuts.

Make sure your hands are cleaned...

- before eating or preparing food
   after using the restroom
- when you've been touching handles, knobs, counters after coughing or sneezing

## **WASH HANDS OFTEN**

#### with soap and warm water

**Kutol Hand Soaps include Lotion, Luxury and Antibacterial formulas.** 



Lather all around hands, fingers, fingertips, nails and wrists for at least 20 seconds (the time it takes to sing the 'Happy Birthday' song twice).



### **USE HAND SANITIZERS**

#### if soap and water is not available

Kutol Hand Sanitizers kill 99.9% of common germs that can cause illness:

- SANTI-GEL Alcohol Gel Hand Sanitizer
- Foaming Alcohol Hand Sanitizer
- Foaming Instant Hand Sanitizer (no alcohol)



Rub hand sanitizer thoroughly into hands, fingers, fingertips, nails and wrists until product is dry (15-30 seconds)



Contact your Kutol Sales Rep to help fight Cold & Flu Season!



